

On the line in front of the skill record the date you observed the child completing it, N/O if you did not observe the child attempting the skill, and leave blank if the child is unable to achieve the skill.

Name :

Child's Name (Alias):

DOB:

Checklist for Fine Motor Skills

Adapted from: Diane Bott & Diane Provo, Starting Blocks, 1985.

- _____ Retains ring when left in hand, definite hold.
- _____ Holds hand together.
- _____ Watches movements of own hands.
- _____ Reaches of object, may or may not pick it up.
- _____ Bangs object in play. Shows interest in making noise.
- _____ Rakes hand (sweeping motion), picks up small objects.
- _____ Lifts cup with handle.
- _____ Can grasp small objects within reach, using thumb and forefinger.
- _____ Transfers objects from one hand to another. Does not use mouth or body for help.
- _____ Holds crayon or pencil, aims one end at paper (imitates adult writing position).
- _____ Pushes car with wheels on table or floor.
- _____ Marks with pencil chalk or crayon.
- _____ Builds tower with two or more cubes or objects.
- _____ Picks up and holds two or more small objects in same hand.
- _____ Turns pages of book, two or three at a time.
- _____ Turns knob (or radio switch).
- _____ Throws small rubber ball.
- _____ Builds tower of five or more cubes.
- _____ Folds paper.
- _____ Turns pages one at a time.
- _____ Fills and dumps containers.
- _____ Demonstrates well developed handedness.
- _____ Nests objects which are graduated in size.
- _____ Turns door knobs to open doors.
- _____ Uses stirring movement.
- _____ Cuts dough or clay, using cookie cutter.
- _____ Strings beads on inch in size.
- _____ Unscrews and screws three inch lid.
- _____ Builds tower 5 - 9 cubes.
- _____ Completes simple inset puzzle/ Each piece represents a single object.
- _____ Holds pencil, chalk, or crayon with fingers not fist. Tries to keep scribbles on paper.
- _____ Places and holds scissors with fingers.
- _____ Makes small cuts in paper while paper is held.
- _____ Paints with brush using scrubbing action. Is more interested in the action rather than the painting itself.
- _____ May title his creation.
- _____ Experiments with vertical, horizontal and circular lines.
- _____ Plays with clay by pounding, squeezing, or pulling it apart.
- _____ Increased skill with tower building. Uses 7 or more blocks.
- _____ Folds paper with increased skill.
- _____ Winds up toys.
- _____ Screws and unscrews lids 1" in diameter.
- _____ Strings 4 or more beads 1/2" diameter.
- _____ Drives nails and pegs.
- _____ Completes inset puzzles and starts non-inset puzzles.
- _____ Easily cuts paper in two.
- _____ Uses peg board. Places 6 round pegs in holes.

- _____ Builds tower of 10 or more cubes.
- _____ Traces diamond.
- _____ Copies simple letters (such as V, H).
- _____ Draws man with two parts.
- _____ Adds three parts to incomplete man.
- _____ Traces along vertical and horizontal lines.
- _____ Draws a simple house.
- _____ Holds paper with other hand while writing, coloring or drawing.
- _____ Completes puzzles non-inset 11 -15 pieces.
- _____ Draws person with head, legs, eyes, nose.
- _____ Cuts triangle. Moves paper while cutting.
- _____ Paints objects and creates objects out of clay, imperfect is size, not appropriately spaced, but usually recognizable. Still concerned with end product more than process.
- _____ Prints a few capitals.
- _____ Copies first name.
- _____ Makes circles between writing lines.
- _____ Makes vertical lines between writing lines.
- _____ Prints first name.
- _____ Draws man with 6 body parts; head, trunk, legs, arms and features.
- _____ Folds paper diagonally and crease it.
- _____ Sews through holes in sewing card.
- _____ Opens lock with key.
- _____ Cuts circle.
- _____ Selects colors for painting with care.
- _____ Makes recognizable clay objects.
- _____ Writes a few more letters spontaneously.
- _____ Adds 7 parts to an incomplete drawing of a person.
- _____ Prints numbers 1 to 5 unevenly.
- _____ Laces and ties shoes.